



Bournemouth - Sample Programme - 2023

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Meet & Greet	8:00 – 8:45	8:00 – 8:45	8:00 – 8:45	8:00 – 8:45	8:00 – 8:45	8:00 – 8:45
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	9:00 – 10:30	9:00 – 10:30	9:00 – 10:30	9:00 – 10:30	9:00 – 10:30	9:00 – 10:30	9:00 – 10:30
	Welcome Meeting & Campus Tour	Dance Workshop	Lessons	Lessons	Lessons	Lessons	Lessons
		Beach	Break Ocean	Break Ocean	Break Ocean	Break Ocean	Break Ocean
	10:30 – 12:30	10:30 – 12:30	11:00 – 12:30	11:00 – 12:30	11:00 – 12:30	11:00 – 12:30	11:00 – 12:30
	Town Walk	Beach / Chill-Out	Lessons	Lessons	Lessons	Lessons	Lessons
	12:30 – 13:30	12:00 – 13:30	12:00 – 13:30	12:00 – 13:30	12:00 – 13:30	12:00 – 13:30	12:00 – 13:30
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon	13:30 – 14:00	13:30 – 14:00	13:30 – 14:00	13:30 – 14:00	13:30 – 14:00	13:30 – 14:00	13:30 – 14:00
	Assembly	Assembly + TTT	Assembly + TTT	Assembly + TTT	Assembly + TTT	Assembly + TTT	Assembly + TTT
	14:00 – 15:30	14:00 – 15:30	14:00 – 15:30	14:00 – 15:30	14:00 – 15:30	14:00 – 15:30	14:00 – 15:30
	Residence Check-In	Sport & Fitness	Sport & Fitness	Sport & Fitness	Sport & Fitness	Sport & Fitness	Sport & Fitness
	Host Family Pick Up	Arts & Crafts 1	Game 1	Health & Beauty 1	Arts & Crafts 1	Trendy / Digital 1	Food & Drinks 1
	15:30 – 17:00	15:30 – 17:00	15:30 – 17:00	15:30 – 17:00	15:30 – 17:00	15:30 – 17:00	15:30 – 17:00
	Sport	Arts & Crafts 2	Game 2	Health & Beauty 2	Arts & Crafts 2	Trendy Digital 2	Food & Drinks 2
	Chill-Out	Chill-Out	Chill-Out	Chill-Out	Chill-Out	Chill-Out	Chill-Out
	14:00 – 17:00	14:00 – 17:00	14:00 – 17:00	14:00 – 17:00	14:00 – 17:00	14:00 – 17:00	14:00 – 17:00
Evening	Beach	Beach	Beach	Beach	Beach	Beach	Beach
	Town Walk	Town Walk	Town Walk	Town Walk	Town Walk	Town Walk	Town Walk
	18:00 – 19:00	18:00 – 19:00	18:00 – 19:00	18:00 – 19:00	18:00 – 19:00	18:00 – 19:00	18:00 – 19:00
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	19:00 – 19:45	19:00 – 19:45	19:00 – 19:30	19:00 – 19:30	19:00 – 19:30	19:00 – 19:30	19:00 – 19:30
	Welcome Meeting	Welcome Meeting	TTT (Time to Talk)	TTT (Time to Talk)	TTT (Time to Talk)	TTT (Time to Talk)	TTT (Time to Talk)
	19:45 – 20:00	19:45 – 20:00	19:30 – 20:00	19:30 – 20:00	19:30 – 20:00	19:30 – 20:00	19:30 – 20:00
	TTT (Time to Talk)	TTT (Time to Talk)	Ocean Chill Out	Ocean Chill Out	Ocean Chill Out	Ocean Chill Out	Ocean Chill Out
	20:00 – 21:45	20:00 – 21:45	20:00 – 21:45	20:00 – 21:45	20:00 – 21:45	20:00 – 21:45	20:00 – 21:45
Night	Movie Night	Quiz Night	Welcome Theme Party	Games Night	1. Cameo* (£) 2. Chill Night	Got Talent	Farewell Theme Party
	Night Check	Night Check	Night Check	Night Check	Night Check	Night Check	Night Check
	22:30 – 07:15	22:30 – 07:15	22:30 – 07:15	22:30 – 07:15	22:30 – 07:15	22:30 – 07:15	22:30 – 07:15
Trips & Specials							
	FD Trip	FD Trip		HD Trip		HD Trip	
	London Overnight		Surfing	Surfing	Surfing	Surfing	Surfing

* Due to different arrival and departure dates and times there will be several Welcome Meetings throughout the weekend.

Afternoon Programme	
Town Walk	Supervised walk to the town centre for shopping and spending time in town with friends, offered daily to our customers
Beach	Supervised afternoon at the beach with an opportunity to swim in the Sea in the lifeguarded zones, offered daily to our customers
Chill-Out	Supervised time in our specially designated chill-out zones equipped with table tennis, badminton, football tables & board games
Sport & Fitness	Football, Volleyball, Basketball, Dogdeball, Kettlebell Trainings & Bodyweight Workouts, Zumba, Jogging & Stretching
Fun Games	Capture the Flag, Hide & seek, Photo Rally, Treasure Hunt
Arts & Crafts	Pimp your T-shirt, DIY Keyrings, Friendship bracelets, DIY dream catcher, DIY Kite, DIY Postcard & souvenirs
Health & Beauty	Henna tattoos, Nail Art, Face masks, Hand massage, Head massage, Make up workshops, Yoga & Relaxation
Food & Drinks Workshop	Pizza workshop, Cupcake workshop, Cocktails workshop, Smoothies workshop, Sushi workshop
Trendy/Digital Workshop	Instagram/photoshoot workshop, Internet Memes workshop, DIY computer game workshop (Scratch programming), Videomaking
Evening Programme	
Fixed Programme	Movie Night on arrival, Quiz Night, Open Stage Night: Got Talent
Party Nights	Welcome & Farewell Theme Parties (Hawaiian, Bad Taste, Pyjama, Neon, White Sensation, Film Parties), Cameo Junior Party Club (£5)
Game Nights	Murder Mystery, Scavenger Hunt, Haunted House, Casino & Fun Fair Nights, Escape Room, Prove your senses, Chaos Game
Chill Nights	Bonfire Night, Barbecue Night, Live Music & Karaoke
Trips & Specials	
Trips	Full Day Trips (e.g. London, Brighton) & Half Day Trips (e.g. Jurassic Coast, Southampton, Winchester)
Specials	London Overnight (Saturday and Sunday in London with River Cruise) Surfing Course (Mon - Fri, 90 min each day) Half-day trip to Splashdown Waterpark in Poole (by public transport)